

10/20/2014

Kappa Alpha Theta and Delta Chi Alumnae
The Yeardley Love Endowment Program
Kappa Alpha Theta
127 Chancellor Street
Charlottesville, Virginia 22903

Dear Kappa Alpha Theta and Delta Chi Alumnae:

My sincerest gratitude to the Kappa Alpha Theta, Delta Chi Alumnae and the Yeardley Love Endowment Program. As a result of your generosity, I was made aware of the opportunity with Mark DeNoble, and have worked to heal myself as a survivor of intimate partner violence.

Last December I was harmed by a childhood acquaintance. He used drugs and manipulation to do what he did to me. Since that time, I became much more reserved and quiet. I retreated into myself and became more and more isolated. I was embarrassed and ashamed, and my life started getting worse. My grades were suffering and my friends could tell something was wrong. They encouraged me to get help, and this semester, I finally felt ready to try.

During my sessions with Mark, I was able to process what happened to me and learned how to move on from it. I am happy to say that I feel much better and am getting back to my normal self. Counseling sessions helped to bring out the resilience in me, and I am now able to call myself a survivor rather than a victim.

In closing, thanks to the Yeardley Love Endowment Grant, I have learned about healthy relationships and am finally healing from my bad experience. Your support of my sessions is greatly appreciated.

Sincerely,

Anonymous